

KATHRYN DE BRUIN
FAMILY THERAPY & TRAINING



**EMOTIONALLY
FOCUSED THERAPY
FOR COUPLES**

**FOUR DAY
EXTERNSHIP**

SPOKANE, WA

March 28-31, 2022
9am-5pm PST

Regular Price: \$1,095 (by March 25)
Early Bird: \$895 (by January 31)
Intern/Military: \$695 (by January 31)
Gonzaga Students & Alumni: \$500 (by
February 15)

Register here:

[https://courses.efft.org/courses/
ewnief-t-in-person-externship](https://courses.efft.org/courses/ewnief-t-in-person-externship)

Training by

Kathryn de Bruin

www.kathryndebruin.com



EASTERN WASHINGTON & NORTHERN IDAHO
EMOTIONALLY FOCUSED THERAPY

PARTICIPANTS WILL LEARN TO:

*** UNDERSTAND COUPLE
DISTRESS FROM AN
ATTACHMENT PERSPECTIVE**

*** HELP PARTNERS
REPROCESS EMOTIONAL
RESPONSES THAT MAINTAIN
DISTRESS**

*** SHAPE NEW INTERACTIONS
AND BONDING EVENTS**

*** OVERCOME THERAPEUTIC
IMPASSES**

Please note: EFT Externships and Advanced Core Skills trainings are designed for mental health professionals and trainees.

Participants are required to note their professional affiliation on registration. Also note that health professionals must practice within their scope of practice. Attending a CPD activity does not mean that an attendee is fully trained to practice same. It is the responsibility of the individual professional to know the limits of her/his scope of practice and to practice within those limits. ICEEFT and EWNIEFT are not liable for any claims pertaining to practitioners practicing outside their scope of practice.



WHO SHOULD ATTEND?

**THIS EXPERIENCE IS
RECOMMENDED FOR ALL
PROFESSIONALS WHO
COUNSEL COUPLES**

**THE FOCUS OF THIS
EXTERNSHIP TRAINING WILL BE
ON HOW TO EFFECTIVELY WORK
WITH AND USE EMOTIONAL
PROCESSING FROM AN ADULT
ATTACHMENT PERSPECTIVE,
SPECIFICALLY WITHIN THE
EMOTIONALLY FOCUSED
COUPLES THERAPY (EFT)
MODEL.**

**THE FORMAT INCLUDES
DIDACTIC TRAINING,
FOLLOWED BY A LIVE SESSION,
VIDEO AND LEADER ROLE-
PLAYING AND SMALL GROUP
EXERCISES.**

**THIS FOUR DAY EXTERNSHIP
FULFILLS THE FULL
EXTERNSHIP REQUIREMENT FOR
CERTIFICATION IN
EMOTIONALLY FOCUSED
COUPLES THERAPY.**